

## RESEARCH ARTICLE

# Comparative Study of Herbal Formulation and Marketed Formulation of Triphala Churna

Vikas Sharma<sup>\*1</sup>, Rahul Kaushik<sup>2</sup>, Pallavi Rai<sup>3</sup>

## ABSTRACT

In a couple of decades, there has been exponential development in the field of homegrown medications. The greater part of the conventional arrangement of herbal medication is viable; however, they need standardization. So there is a need to build up a procedure standardization. Standardization of natural medicine is fundamental so as to evaluate the quality, purity, efficacy and safety of the herbal medications. Homegrown medications are the well-known type of customary medication and the high universal requests because of their simplicity of accessibility, there lesser reactions. These homegrown details are the property or information on the mature ages of each home. Homegrown medications additionally have an enormous holistic accepts ex. Holi tuls plant. It is important to build up basic procedures to the standardization of related natural medications. The present investigation standardization of Triphala Churna significantly centered around that region under WHO guidelines. This polyherbal Churna utilized to treat the obstruction and another gastric issue. Right now, arranged Triphala Churna was nearly standardized with the reference acquired from advertising. For the standardization of the above details were finished by assessing the macroscopically, microscopical, powder stream properties, extractive qualities, physicochemical characters, overwhelming metal substance location, qualitative and quantitative tests of tannins and alkaloids, TLC fingerprinting test to evaluate the quality and safety and therapeutic activity of formulation.

**Keywords:** Formulation, Homegrown medications, Standardization, Triphala Churna.

**How to cite this article:** Sharma, V. Kaushik, R. and Rai, P. (2020). Comparative Study of Herbal Formulation and Marketed Formulation of Triphala Churna. *Int. J. Pharm. Edu. Res.*, 2(1):21-29.

**Source of support:** Nil

**Conflict of interest:** None

## INTRODUCTION

Ayurveda is a respected medicinal framework that started in India a huge number of years ago. The term "Ayurveda" in this manner signifies 'the information on life' or 'the study of life'. Medicinal plants, for a few centuries, have been broadly utilized as an essential wellspring of counteraction and control of domesticated animal infections.<sup>1</sup> Herbal medicinal plants are an essential segment of research advancements in the pharmaceutical business. The World Health Organization (WHO) had given a short convention for standardization of homegrown medications. Standardization is exceptionally conspicuous to guarantee that each completed item that enters showcase liberated from corruption. Nowadays, there is have to standardize Ayurvedic formulation in uniform quality. The reason for this work was to standardize a promoted natural tablet detailing for quality and viability. Standardization of homegrown detailing implies the affirmation of its personality and assurance of its quality and purity.<sup>2</sup>

Herbal medicaments, as a significant cure in the traditional clinical system, have been utilized in clinical practice for a huge number of years and have made an extraordinary commitment to keeping up human wellbeing.<sup>3</sup> The utilization of these medications has an especially rich convention among the people groups of the Western Pacific Region. The uses of herbal plants have been referenced by all the way of life, which were utilized as people prescriptions. In old culture, individuals gathered data on herbs systematically and logically; grew all around characterized HERBAL PHARMACOPOLIS.

Churna is a blend of powdered herbs and additionally minerals utilized in Ayurvedic drugs.<sup>4</sup> Triphala churna is an appreciable type of a great ayurvedic recipe, utilized for a large number of years that is produced using the powders of three organic products

- Amalaki (*Emblia officinalis*)
- Haritaki (*Terminalia chebula*)
- Bibhitaki (*Terminalia belerica*)

Advantages of Churna:

1. Improvement of absorption
2. Relief from clogging
3. Beneficial in vision-related difficulties

<sup>1</sup>Department of Pharmaceutical Chemistry, Noida Institute of Engineering and Technology (Pharmacy Institute), Plot No. 19, Knowledge Park-2, Greater Noida, Uttar Pradesh-201306, India

<sup>2</sup>Department of Pharmacognosy, Ram-Eesh Institute of Vocational and Technical Education, Plot No. 03, Knowledge Park-1, Greater Noida, Uttar Pradesh-201306, India

**Corresponding Author:** Vikas Sharma, Department of Pharmaceutical Chemistry, Noida Institute of Engineering and Technology (Pharmacy Institute), Plot No. 19, Knowledge Park-2, Greater Noida, Uttar Pradesh-201306, India, e-mail: vksharma94575@gmail.com, Phone: +91 9759706367

4. Helpful in weight reduction and upgrades insusceptibility

## PLANTS DESCRIPTION

### Amla (*Emblica officinalis*)

*Basic name:* Indian gooseberry, Embelic myrobalan.

*Natural source:* It comprises of new or dried products of *Emblica officinalis*.

*Family:* Euphorbiaceae/Phyllanthaceae

#### Morphology

The tree is little to medium in size, arriving at 1–8 m (3 ft 3 in–26 ft 3 in) in stature. The branchlets are not glabrous or finely pubescent, 10–20 cm (3.9–7.9 in) long, typically deciduous; the leaves are straightforward, subsessile, and firmly set along branchlets, light green, taking after pinnate leaves. The blossoms are greenish-yellow.<sup>5</sup> The organic product is almost round, light greenish-yellow, very smooth and hard on appearance, with six vertical stripes or wrinkles. Aging in pre-winter, the berries are collected by hand in the wake of moving to upper branches bearing the organic products. The flavor of Indian emblic is acrid, harsh and astringent, and it is very stringy.

#### Uses of Amla

The recuperating and restorative properties of amla are countless as it is stacked with nutrient C, calcium, iron, phosphorous, carotene, nutrient B, protein, and fiber. Amla holds a ton of incredible strict noteworthiness during ceremonies in the Hindu month of Kartik, which generally falls in the middle of October and November. In numerous pieces of India, it is a training to offer the natural product as a Naivedya to Lord Shiva and eat it to avert different respiratory contaminations, basic cold, influenza, and other medical issues that are caused because of the lopsided characteristics of Vata, Kapha, and pitta. Amla is a powerhouse of cancer prevention agents,



Figure 1: Amla

and antiquated medication supports the utilization of this natural product to forestall the development of malignant growth cells.<sup>6</sup> It tends to be devoured crude, as juice, churna, candy, pickles or enhancements. Amla juice has gotten very mainstream lately and it found a spot in the menus of numerous cafés offering crisp vegetable and natural product juices.

### Bahera (*Terminalia belerica*)

*Regular name:* Bahira (Sanskrit), Beleric or Bastard myrobalan

*Natural Source:* Obtained from dried ready product of *Terminalia belerica* Family:- Combretaceae

#### Morphology

The plant is found all through the woodlands of India. Bahera is an enormously attractive, deciduous tree, with qualities bark, 20-35 m high and 2-3 m in size.

The great seed crop, high germinative limit of the solid seeds, and their brisk and simple germination are good for the characteristic recovery. Organic products are globular drupt, 1.3-2.5 cm in measurement, indefinitely 5-calculated, ovoid, abruptly narrowing into a short stalk. The external surface is smooth, sporadically wrinkled, containing five very much characterized longitudinal edges. The upper end is discouraged, and a conspicuous, sound scar of the pedicel is available toward one side of the natural product. The organic product is exceptionally hard, and the broken surface is yellow in shading. The organic product is unscented and taste is astringent.

#### Uses

*Terminalia* is most generally utilized for heart afflictions, including a cardiovascular breakdown and chest torment. It is additionally utilized for diabetes, elevated cholesterol, and numerous different conditions, yet there is a whole lot of nothing logical proof to help these employments

*Terminalia* contains fixings that help animate the heart. It may likewise help the heart by bringing down cholesterol and circulatory strain.



Figure 2: Bahera

### Harade (*Terminalia chebula*)

*Normal name:* Haritaki, Hirda, Hirdo, Harde, Black/Chebolic myrobalan

*Organic Source:* Obtained from develop or little products of the tree *Terminalia chebula*

*Family:* Combretaceae

#### Morphology

*Terminalia chebula* is a medium to huge deciduous tree developing to 30 m (98 ft) tall, with a trunk up to 1 m (3 ft 3 in) in breadth. The leaves are exchanged to subopposite in the course of action, oval, 7–8 cm (2.8–3.1 in) long and 4.5–10 cm (1.8–3.9 in) wide with a 1–3 cm (0.39–1.18 in) petiole. They have an intense tip, cordate at the base, edges whole, glabrous above with a yellowish pubescence beneath. The organic product is drupe-like, 2–4.5 cm (0.79–1.77 in) long and 1.2–2.5 cm (0.47–0.98 in) wide, blackish, with five longitudinal edges. The dull white to yellow blossoms are monoecious and have a solid, upsetting scent. They are borne in terminal spikes or short panicles. The organic products are smooth ellipsoid to ovoid drupes, yellow to orange-dark colored in shading, with a solitary calculated stone.

#### Uses

*Terminalia chebula* is the primary fixing in the Ayurvedic plan Triphala, which is utilized for kidney and liver dysfunctions. The dried natural product is additionally utilized in Ayurveda as an indicated antitussive, cardiogenic, homeostatic, diuretic, and purgative. It is plentiful in nutrient C and substances found to have a cancer prevention agent and mitigating impacts.<sup>7</sup> Individuals use haritaki to advance recuperating from various conditions going from sore throat and sensitivities to obstruction and heartburn. In Ayurveda, haritaki is said to help the “Vata” dosha.

## MATERIALS AND METHODS

### Formulation of Triphala Churna



Figure 3: Harade plant

### Procedure For Making Triphala Churna

- The ingredients used in Triphala churna are Amla, Bahera, and Harade were purchased from a local market.
- For ensuring quality and hygienic, the Drugs are cleaned and dried properly.
- Drugs are kept separately and crushed accordingly.
- Then, the drugs are powdered using equipment in a suitable manner.
- They are sieved using 80-mesh sieve and each one of them powdered and weighed separately and then mixed together in a suitable proportion.
- Now: the Triphala churna is ready and it is processed for the quality control parameters or standardization.

### Standardization Parameters

WHO Guidelines followed for standardization of herbal drugs. Various standardization parameters are as follows:

1. Macroscopic characters
2. Microscopic characters
3. Extractive value
  - Hot extraction
4. Ash value
  - Total ash
  - Acid insoluble ash
  - Water-soluble ash
5. pH determination
6. Phytochemical evaluation
7. Loss on drying
8. Bitterness value
9. Swelling index
10. Foaming index
11. Angle of Repose
12. TLC Analysis

#### Macroscopic characters

The new and dried powdered plan was watched for color, smell, taste, size, shape, contact, and crack. The outcomes were recorded in the observation section of the paper.

#### Microscopic characters

This strategy is utilized for the identification of medications on the cell level. It is utilized to decide the structure of composed medications by their histological characters. It incorporates of entire, certain pieces of rough powdered medications. The perceptions were introduced.

Table 1: Contains the formula for the Triphala churna formulation:

INGREDIENTS	QUANTITY(%)
Amla	33.3%
Bahera	33.3%
Harade	33.3%

### Extractive value

Extractive qualities are useful to have a thought regarding the dissolvability, concoction moiety or substance arrangement of the natural medications.<sup>8</sup> We additionally can decide on the dissolvability criteria of natural medications.

#### • Hot extraction

Powdered material of the medication (4g) was stuffed in a Soxhlet mechanical assembly independently for every dissolvable like liquor, and water and extraction was done for 6 hours. Each concentrate vanished to dryness at their separate breaking points, and steady extractive qualities were resolved and recorded and a correlation of hot extractive estimations of medication in various solvents.

### Ash value

Ash value tells about total inorganic compounds present in the drug. This was determined using the apparatus called muffle furnace.<sup>9</sup>

#### • Total ash

The ground sedate (2g) is burned in a silica cauldron at a temperature not surpassing 450oC until liberated from carbon. It is then cooled and weighed to get all out debris content, which is recorded.

#### • Acid insoluble ash

Debris(ash) is overflowed with 25ml weaken HCl (6N) for five minutes. The insoluble issue gathered on debris less channel paper washed with heated water and touched off at a temperature not surpassing 450oC to a steady weight and the information was recorded.

#### • Water-soluble ash

Ash is broken down in refined water and the insoluble part gathered on a debris less channel paper and lighted at 450oC to steady weight. By subtracting the heaviness of insoluble part from that of the debris, the heaviness of the solvent piece of debris was gotten and recorded.

### pH determination

The pH of the following drug solutions was determined by using previously calibrated pH meter and recorded.

- 1% w/v solution of drug in water
- 10% w/v solution of drug in water

### Phytochemical evaluation

After assortment and confirmation, the plant materials were conceal dried and powdered independently. All plant materials were gone through strainer no. 40 # and utilized for extraction. 4g sedate was extricated independently in the Soxhlet device for 6 hr. utilizing double the measure of dissolvable. The concentrate has vanished to dryness under decreased tension

and controlled temperature (40-50 °C) (Indian Herbal Pharmacopeia, 1996).

The oil ether (600-800 C), chloroform, CH<sub>3</sub>CO, methanol, and water concentrates of the plant material were exposed to fundamental phytochemical screening for the discovery of following phyto parts:

Alkaloids	Carbohydrates
Glycosides	Phenolic compounds
Protein and amino acids	Terpenoids
Saponins	Tannins

### Loss on drying

An amount of 2g of air-dried material was put in a recently gauged and dried petri dish. The example was dried in a stove at 1000-1050 C for 3 hours and gauged. It was dried kept in Hot air broiler at 1000-1050C for 3 hrs and gauged. It was again kept at same temperature, and weighing was rehashed at an interim of 1 hours. 2 back to back gauging readings not varying by more than 5mg. The loss of weight in mg/g of air-dried material was determined and the information was recorded.<sup>10</sup>

### Bitterness value

#### • Procedure

##### a) Preparation of Standard solutions

10µg/ml stock solution of Quinine HCl was set up in drinking water.<sup>9</sup> Unique weakenings were set up as referenced in Table.

##### b) Stock and weakened quinine hydrochloride solutions

Stock solution of test medicate was set up by dissolving 1g powdered medication in 100ml drinking water.<sup>9</sup> distinct weakenings were set up as referenced in Table.

#### • Technique

Subsequent to flushing the mouth with safe drinking water, 10mL of the most extreme weakened solution was tasted for harshness for 30 secs. In the event of deferred sensation, holding up a time of 1-minute was followed. After a hole of 10 minutes. The following higher focus was tasted in a comparable way. The severe edge focus is the most minimal fixation at which a weakening keeps on inciting a harsh sensation following 30 seconds.

Harshness esteem was determined in units/g by utilizing the following equation:

$$\text{Bitterness Value} = \frac{2000 \times c}{a \times b}$$

Where,

a = the centralization of stock solution (mg/ml).

b = the volume of test (in ml) in the cylinder with edge unpleasant fixation.

c = the amount of quinine hydrochloride (in mg) in the cylinders with the edge unpleasant fixation (WHO Guidelines, 1998).

### Swelling index

The swelling record is the volume in ml taken up by the swelling of 1g of plant material under indicated conditions.<sup>11</sup> Its assurance depends on the expansion of water for plant material (pounded). Utilizing a 25mL glass-stoppered estimating chamber, the material was shaken over and again for 1 hour and afterward permitted to represent a necessary timeframe. The volume of the blend (in ml) was then perused and recorded.

### Foaming index

#### • Preparation of decoction

1g of precisely weighed coarse powder was moved into a 500ml funnel-shaped flagon containing 100ml bubbling water and kept up at moderate bubbling for 30 minutes. The subsequent arrangement was cooled and sifted into a 100ml volumetric flagon, and adequate water was added to make up the last volume.

The decoction was filled into 10 stoppered test tubes (tallness 16 cm, width 16 mm) in progressive parts going from 1-10mL and last volume was acclimated to 10 mL with refined water. Tubs was stoppered and shaken the long way for 15 secs(2 shake/sec). Further, the cylinders were kept without unsettling influence for 15-minute. What's more, the tallness of foam was estimated. The outcomes were surveyed as follows:

- If the tallness of the foam in each cylinder is under 1cm, the foaming record is under 100.
- If the tallness of foam is 1cm, the volume of decoction right now is utilized to decide the list. In the event that this cylinder is the first or second cylinder in an arrangement, set up a middle of the road weakening along these lines to acquire progressively exact outcomes.
- If the tallness of the foam is more than 1cm, the foaming file is over 1000. Right now, the judgments utilizing another arrangement of weakenings of the decoction to get the outcomes.

Foaming record is determined by utilizing the recipe:

$$\text{Foaming Index} = \frac{1000}{A} \quad [2]$$

Where,

A = volume (in ml) of decoction in the cylinder where foam height is more than 1cm.

### Angle of Repose

The angle of repose, or basic angle of repose, of a granular material, is the steepest angle of drop or plunge

comparative with the even plane to which a material can be heaped without drooping. At this angle, the material on the slant face is very nearly sliding. The angle of repose can go from 0°-90°.

At the point when mass granular materials are poured onto a level surface, a funnel-shaped heap will frame. The inward angle between the outside of the heap and the flat surface is known as the angle of repose and is identified with the thickness, surface territory and states of the particles, and the coefficient of erosion of the material. Material with a low angle of repose structures compliment heaps than material with a high angle of repose.

#### • Procedure

The test gauges the stature and base of a heap of metal powder after it is poured onto a level surface. The angle of repose can go from 0° (a hypothetical, profoundly streaming substance) to 90° (an exceptionally strong powder) and the shallower the angle, the more liberated streaming the powder.

Angle of Repose :-  $\tan \Theta = 2h/D$

$\Theta$  = angle

h = tallness of heap

D = measurement of heap/powder

### TLC Analysis

Thin-layer chromatography (TLC) is an ordinarily utilized strategy in manufactured science for distinguishing mixes, deciding their immaculatness, and following the advancement of a response. It likewise allows the enhancement of the dissolvable framework for a given division issue.

#### • Stationary Phase

As a stationary stage, an extraordinary finely ground framework (silica gel, alumina, or comparative material) is covered on a glass plate, a metal, or a plastic film as a thin layer (~0.25 mm). Also, a cover like a gypsum is blended into the stationary stage to make it stick better to the slide. By and large, a fluorescent powder is blended into the stationary stage to disentangle the representation later on (for example, splendid green when you open it to 254 nm UV light). Silica gel G Description. A fine, white, homogeneous powder with a normal molecule size of somewhere in the range of 10 and 44  $\mu\text{m}$  containing about 130g of calcium sulfate, hemihydrate per kg.<sup>12</sup>

Arrangement. Suspend 30g in 60 mL of water, shaking energetically for 30 seconds. Cautiously cover the cleaned plates with a layer 0.25 mm thick utilizing a spreading gadget. Permit the covered plates to dry in air.

#### • Versatile stage

The versatile stage comprises of the synthetic compounds

or a gathering of synthetic concoctions which are utilized to run the TLC plates. The constituents of the example run above side by the progression of a versatile stage. We utilized Toluene: ethyl acetate: formic corrosive: methanol (3:3:0.8:0.2) as the dissolvable. We additionally utilized the blends of the above synthetic reagents.

The consequences of the TLC are referenced beneath in the regarded table, and pictures appear in the picture.

**OBSERVATIONS AND CALCULATIONS**

**1. Macroscopy**



**2. Microscopy**

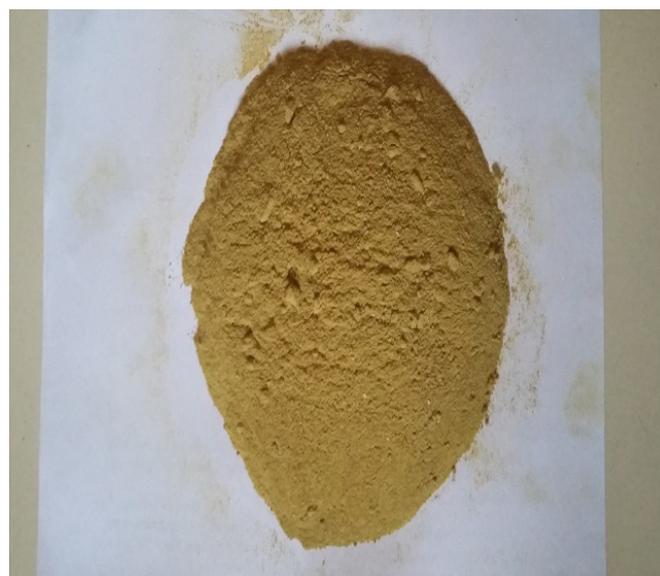
**3. Quantitative Determination of Extractive Value**

*A. Hot Extraction*

**4. Ash Values**

**Table 3:** demonstrates the observation for extractive values.

Type	Aqueous medium	Methanolic medium
Formulated preparation	49 %	32 %
Marketed preparation	37%	29%



**Triphala Churna**

**Figure 4 and 5:** Formulated Preparation Marketed Preparation



**Figure 6 and 7:** Microscopy of Triphala churna

**Table 2:** Observations for Organoleptic characteristics of Triphala Churna

S. No.	Parameters	Inference for Formulated Preparation	Inference for Marketed Preparation
1	Color	Light brown	Dark brown
2	Odor	Characteristic	Characteristic
3	Taste	Bitter and astringent	Less bitter and astringent
4	Touch and texture	Soft	Less soft

**5. Determination Of pH Value****6. Phytochemical Evaluation****7. Loss on Drying****8. Bitterness Value**

Bitterness value for the formulated Triphala churna was found to be 2.4 units while it was 1.6 units for the marketed Triphala churna formulation.

**Table 4:** Contains the outcomes of Ash value and its parameters.

Type	Ash value	Acid insoluble ash	Water-soluble ash
Formulated preparation	6.9%	2.6%	3.5%
Marketed preparation	5.4%	1.5%	2.5%

**Table 5:** Determination of pH Value of different Concentration

S. No.	% of Plant Extract	pH Value of Formulated preparation	pH Value of Marketed Preparation
1.	1 %	6.1	5.9
2.	10 %	5.8	5.6

**Table 6:** Preliminary phytochemical investigation of Formulated Triphala churna

S.No.	Chemical test	W	AC	C	M	E
1.	<i>Test for carbohydrates</i>					
A	Molisch's test	+ve	+ve	-ve	-ve	-ve
B	Test for tannins	+ve	+ve	-ve	+ve	+ve
C	Test for steroids	-ve	+ve	+ve	+ve	+ve
2.	<i>Test For terpenoids</i>					
A	Salkowski test	+ve	+ve	+ve	+ve	+ve
3.	<i>Test for amino acids</i>					
A	Ninhydrin test	-ve	-ve	-ve	-ve	-ve
B	Test for gum and mucilage	-ve	-ve	-ve	-ve	-ve
4.	<i>Proteins</i>					
A	Biuret test	-ve	-ve	-ve	-ve	-ve
B	Xanthoprotic test	-ve	+ve	+ve	-ve	+ve
5.	<i>Alkaloids</i>					
A	Mayer's test	+ve	-ve	+ve	+ve	+ve
B	Hager's test	+ve	+ve	+ve	+ve	-ve
C	Wagner's test	+ve	+ve	+ve	+ve	+ve
D	Dragendroff's test	+ve	-ve	+ve	-ve	-ve
E	Detection of flavonoids	+ve	+ve	-ve	-ve	+ve
6.	<i>Test for cardiac glycosides</i>					
A	Keller killiani test	-ve	+ve	-ve	-ve	-ve
B	Test for fixed oils	-ve	-ve	-ve	-ve	-ve
7.	<i>Saponin glycosides</i>					
A	Foam	+ve	+ve	-ve	+ve	+ve

**Table 7:** Preliminary phytochemical investigation of marketed Triphala churna

S.No.	Chemical test	W	AC	C	M	E
1.	<i>Test for carbohydrates</i>					
A	Molisch's test	+ve	+ve	-ve	-ve	-ve
B	Test for tannins	+ve	+ve	-ve	+ve	+ve
C	Test for steroids	-ve	+ve	+ve	+ve	+ve
2.	<i>Test for terpenoids</i>					
A	Salkowski test	+ve	+ve	+ve	+ve	+ve
3.	<i>Test for amino acids</i>					
A	Ninhydrin test	-ve	-ve	-ve	-ve	-ve
B	Test for gum and mucilage	-ve	-ve	-ve	-ve	-ve
4.	<i>Proteins</i>					
A	Biuret test	-ve	-ve	-ve	-ve	-ve
B	Xanthoprotic test	-ve	+ve	+ve	-ve	+ve
5.	<i>Alkaloids</i>					
A	Mayer's test	+ve	-ve	+ve	+ve	+ve
B	Hager's test	+ve	+ve	+ve	+ve	-ve
C	Wagner's test	+ve	+ve	+ve	+ve	+ve
D	Dragendroff's test	+ve	-ve	+ve	-ve	-ve
E	Detection of flavonoids	+ve	+ve	-ve	-ve	+ve
6.	<i>Test for cardiac glycosides</i>					
A	Keller Killiani test	-ve	+ve	-ve	-ve	-ve
B	Test for fixed oils	-ve	-ve	-ve	-ve	-ve
7.	<i>Saponin glycosides</i>					
A	Foam	+ve	+ve	-ve	+ve	+ve

(W) Water; (AC) Acetone; (C) Chloroform; (M) Methanol ;(E) Ethanol; (+ve) Present; (-ve) Absent

**Table 8:** contains the Loss on drying evaluation results;

Type	Loss on drying
Formulated Preparation	2%
Marketed preparation	1.6%

**Table 9**

Type	Swelling Index
Formulated Preparation	0.36%
Marketed Preparation	0.38%

**Table 10**

Features	Formulated preparation	Marketed preparation
Angle of repose(degrees)	37.80	36.25

**Table 11**

Sample	Solvent run	Solute run	Rf value
Formulated	5.2	4.1	0.79
Marketed	5	3.9	0.78

### 9. Swelling Index

Results of a swelling index are depicted in Table 9.

### 10. Foaming Index

For formulated and marketed formulations of Triphala churna; the Height of Foam Produced in Each Tube was less than 2 cm; Hence the Foaming index is less than 100.

### 11. Angle Of Repose

Results of angle of repose are given in Table 10.

As per the index of angle of repose, results for both formulations were fair, and aid is not needed.

### 12. Thin-layer chromatography

Rf values are recorded in the following table, whereas aqueous and methanol are the solvents in which the powder extracts were prepared. **Table 11** consists of Rf values for both of the formulations:

Where;

Toluene : Ethyl acetate: Formic acid: methanol  
3 : 3 : 0.8 : 0.2

## RESULTS AND DISCUSSIONS

Comparative standardization for formulated and marketed Triphala churna was completed, and after that, we can demonstrate such results. The outcome from extractive qualities shows that the Triphala Churna was having a most extreme extractive estimation of 49% in Water and least extractive estimation of 32% in liquor, demonstrating an enormous number of phytoconstituents in the watery concentrate. The extractive values for the marketed formulation was low in both mediums of solvent. A significant level of ash esteems, for example, complete ash 6.9%, corrosive insoluble ash 2.66%, and dissolvable water ash of 3.55%. Ash values for the marketed formulation were low, that indicates lower inorganic content was present in marketed formulation.

A low dampness level was seen in Triphala churna as a misfortune on drying 2%. The microscopic investigation uncovered the nearness of Parenchymatous cells, stone cells, and calcium oxalate gems in the Triphala Churna of Formulated and Marketed Preparation. The foaming record was seen as under 100, while a growing list of 0.37 was seen in the Triphala Churna. Being a severe medication, Triphala shows a harshness estimation of 2.4 and a pH of 6.1(1%) and 5.8(10%). The Rf estimation of Formulated was seen as 0.79.

## CONCLUSION

The different pharmacognostical, physicochemical, and phytochemical measures subsequently acquired from this investigation will help in building up the character, immaculateness, quality, wellbeing, and adequacy of natural stomach related tablets. The measures arranged by us can be utilized by numerous pharmaceutical businesses or labs associated with inquiring about work on, fabricating and the creation of the homegrown plans or natural stomach related tablets to control/deal with the viability and nature of the homegrown items; which helps in legitimate upkeep of the clump to cluster consistency by which most extreme remedial adequacy of an item can be accomplished.

## ACKNOWLEDGMENT

I am very especially thankful to my parents, who help me always to reach any level. I am very thankful to Dr. Rahul Kaushik sir who is the special guide for all the steps of works they helped me during the project with their full efforts.

## REFERENCES

1. Mallik J, Das P, Karon B, Das S. A review on phytochemistry and pharmacological activity of Terminalia bellerica. International

- journal of drug formulation and research. 2012;3(6): 1-7.
2. Kadam DK, Ahire PD, Bhoje JV, Patil AR, Yadav DK. Comparative standardization study of three Triphala churna formulation. *Int J Pharmacogn (Panchkula, India)[Online]*. 2018;4(2):71-8.
  3. Zaveri M, Khandhar A, Patel S, Patel A. Chemistry and pharmacology of Piper longum L. *International Journal of Pharmaceutical Sciences Review and Research*. 2010 Nov;5(1):67-76.
  4. World Health Organization. Quality control methods for medicinal plant materials. World Health Organization; 1998.
  5. Lalla JK, Hamrapurkar PD, Mamania HM. Mineral content and microbial impurity of Triphala churna and its raw materials.
  6. Kaushik R, Jain J, Rai P, Sharma Y, Kumar V, Gupta A. Pharmacognostical, Physicochemical and Preliminary Phytochemical studies of *Anthocephalus cadamba* (Roxb.) Leaves. *RJPT* 2018;11(4):1391-7. Doi.: 10.5958/0974-360X.2018.00260.3
  7. Biradar YS, Sharma P, Khandelwal KR. Preparation, method of optimization and physicochemical evaluation of traditional formulation, Triphala Mashi.
  8. Bhagat M. Indian gooseberry (*Emblica officinalis*): Pharmacognosy review. *Utilis Management Medicine Plants*. 2014;2:471-87.
  9. Khandelwal KR: Practical Pharmacognosy, Techniques and Experiments. Nirali Prakashan, Edition 20th , 25.6, 23.8-23.10.
  10. Anonymous: Indian Pharmacopoeia. Government of India, Ministry of Health, Controller of Publication, Delhi, India, 1996
  11. Gopinathan G, Dhiman KS, Harisha CR. Detailed Comparative Pharmacognostical Evaluation of Different Combinations Formulation of Triphala.
  12. Venkateswarlu G, Ganapaty S, Sudhakar AM. Preparation of Triphala Churna using the Ingredients Obtained from Local Market and Comparative Standardization. *Pharmacognosy Journal*. 2019;11(1).